

# ALABAMA

IN-SEASON PRODUCE

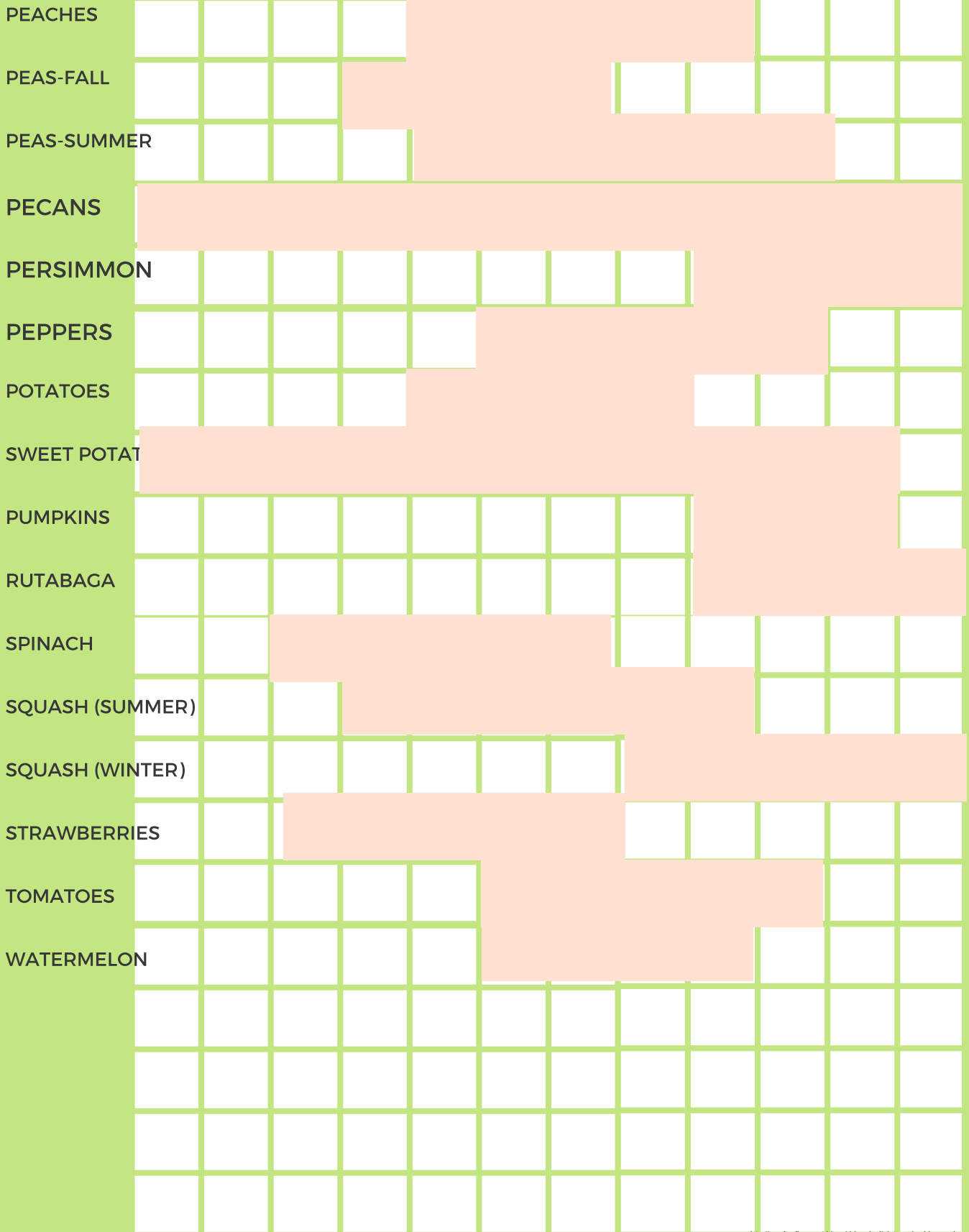
reference

	J	F	M	A	M	J	J	A	S	O	N	D
APPLES												
BEANS												
BEETS												
BLACKBERRIES												
BLUEBERRIES												
BROCCOLI												
CABBAGE												
CANTALOUPE												
CAULIFLOWER												
CITRUS												
CORN												
CUCUMBERS												
EGGPLANT												
FIGS												
GRAPES												
GREENS												
HERBS												
LETTUCE												
OKRA												
ONIONS												

source: <https://www.farmflavor.com/alabama/alabama-local/whats-growing-alabama-produce-calendar/>

J F M A M J J A S O N D

reference



source: <https://www.farmflavor.com/alabama/alabama-local/whats-growing-alabama-produce-calendar/>

# ALABAMA

IN-SEASON PRODUCE

# ALASKA

IN-SEASON PRODUCE

reference

	J	F	M	A	M	J	J	A	S	O	N	D
BEANS												
BEETS												
BROCCOLI												
BRUSSEL SPROUTS												
CABBAGE												
CARROTS												
CAULIFLOWER												
CELERY												
CHARD												
COLLARD GREENS												
CUCUMBERS												
KALE												
LEEKs												
LETTUCE												
ONIONS												
PEAS												
POTATOES												
PUMPKINS												
RADISHES												
RASPBERRIES												

source: <http://www.famflavor.com/alaskatatoeslocalwhatgrowingataska/>

J F M A M J J A S O N D

reference

RHUBARB

SPINACH

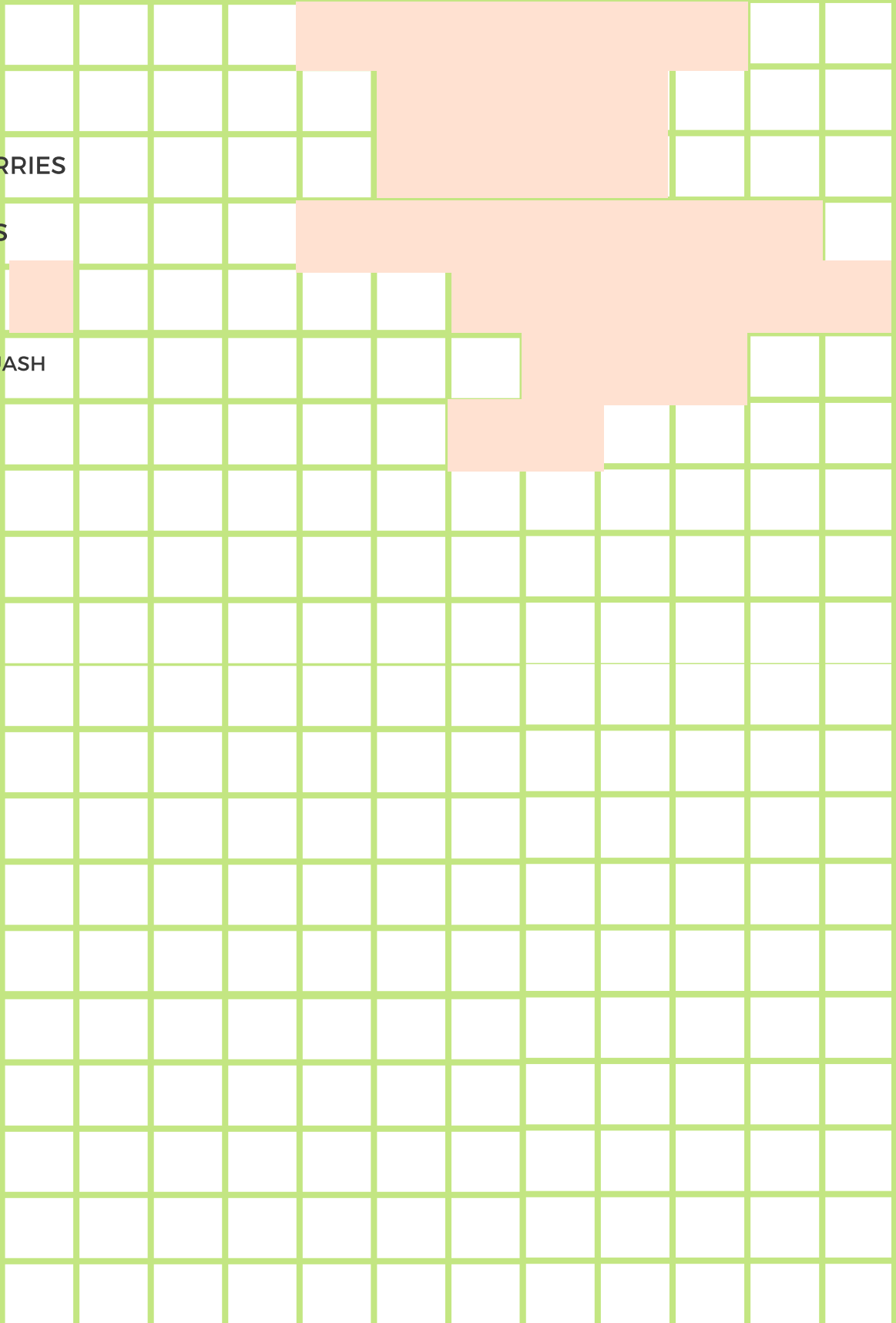
STRAWBERRIES

TOMATOES

TURNIPS

WINTER SQUASH

ZUCCHINI



source: <https://www.farmflavor.com/alaska/alaska-local/whats-growing-alaska/>

**ALASKA**  
IN-SEASON PRODUCE

[gardenstrong.com](http://gardenstrong.com)

# ARIZONA

IN-SEASON PRODUCE

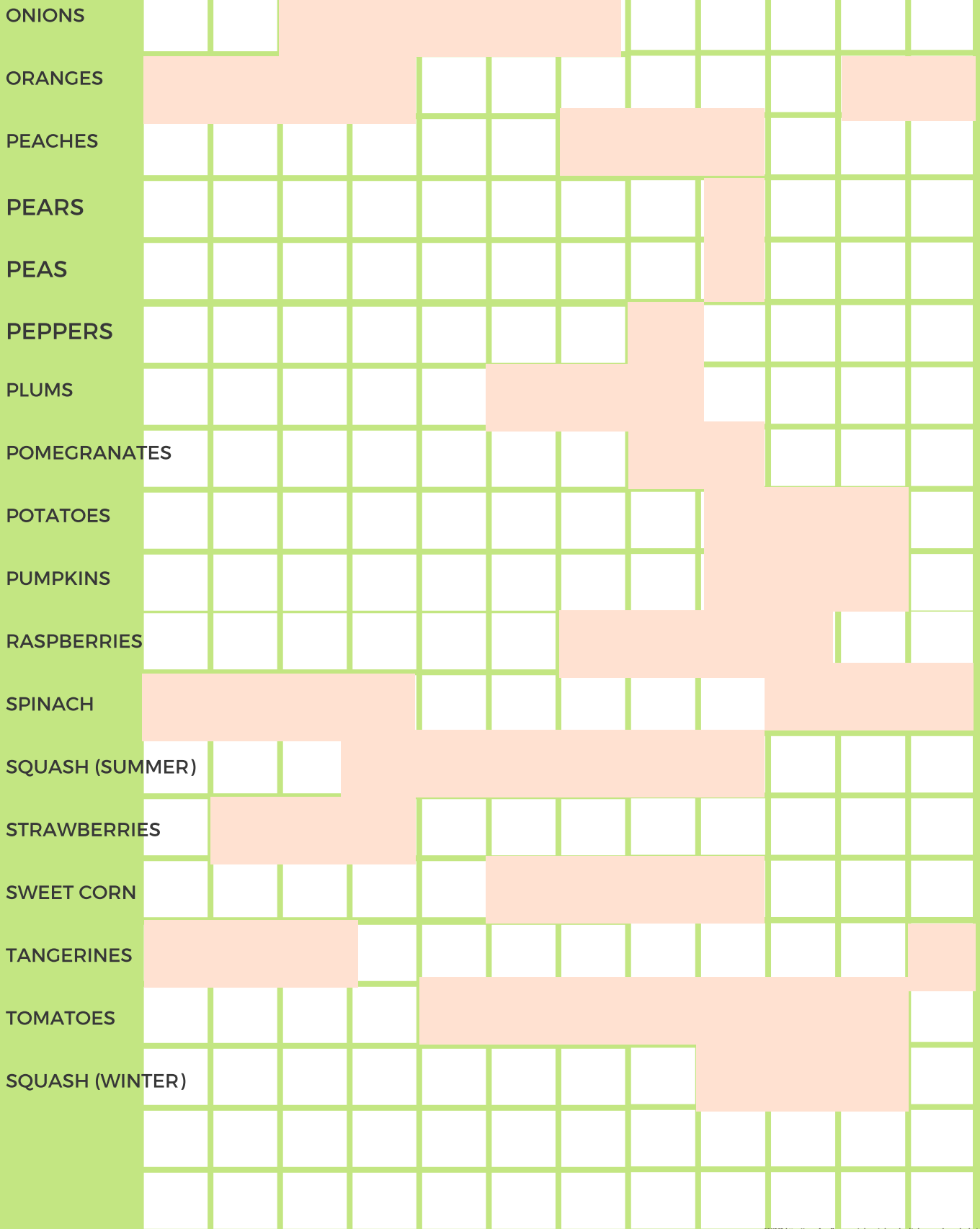
reference

	J	F	M	A	M	J	J	A	S	O	N	D
APPLES												
APRICOTS												
ASPARAGUS												
BEETS												
BLACKBERRIES												
BLUEBERRIES												
BROCCOLI												
CABBAGE												
CAULIFLOWER												
CARROTS												
CELERY												
CUCUMBERS												
DATES												
EGGPLANTS												
FIGS												
GRAPES												
GRAPEFRUIT												
LEMONS												
MELONS												
NECTARINES												

SOURCE: <https://www.farmflavor.com/arizona/arizona-local/arizona-produce-calendar/>

J F M A M J J A S O N D

reference



SOURCE: <https://www.farmflavor.com/arizona/arizona-local/arizona-produce-calendar/>

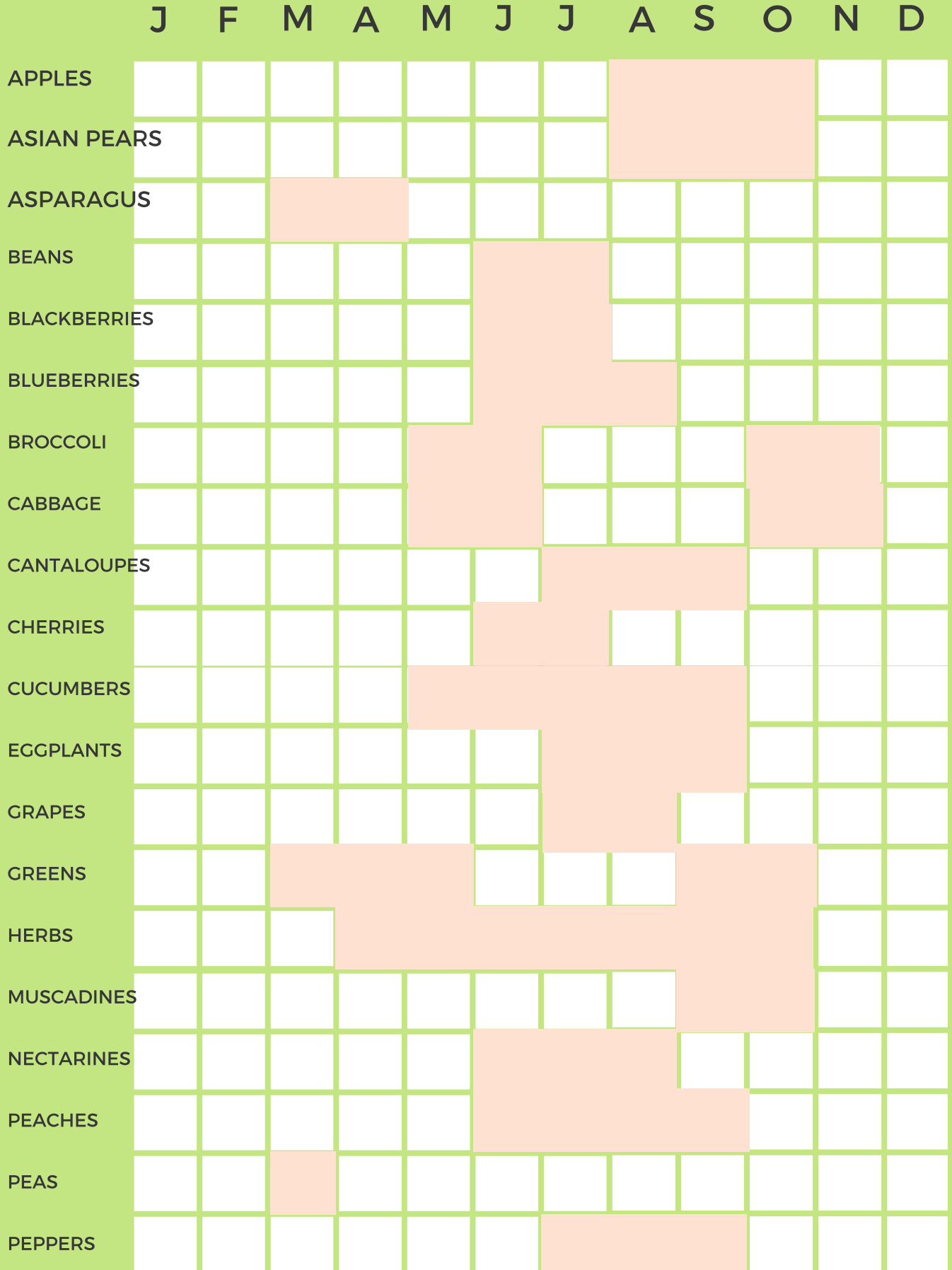
# ARIZONA

IN-SEASON PRODUCE

# ARKANSAS

IN-SEASON PRODUCE

reference



SOURCE: <https://www.farmflavor.com/arkansas/arkansas-local/whats-season-arkansas-produce-calendar/>

J F M A M J J A S O N D

reference

PLUMS

POTATOES

RASPBERRIES

RHUBARB

PUMPKINS

SQUASH

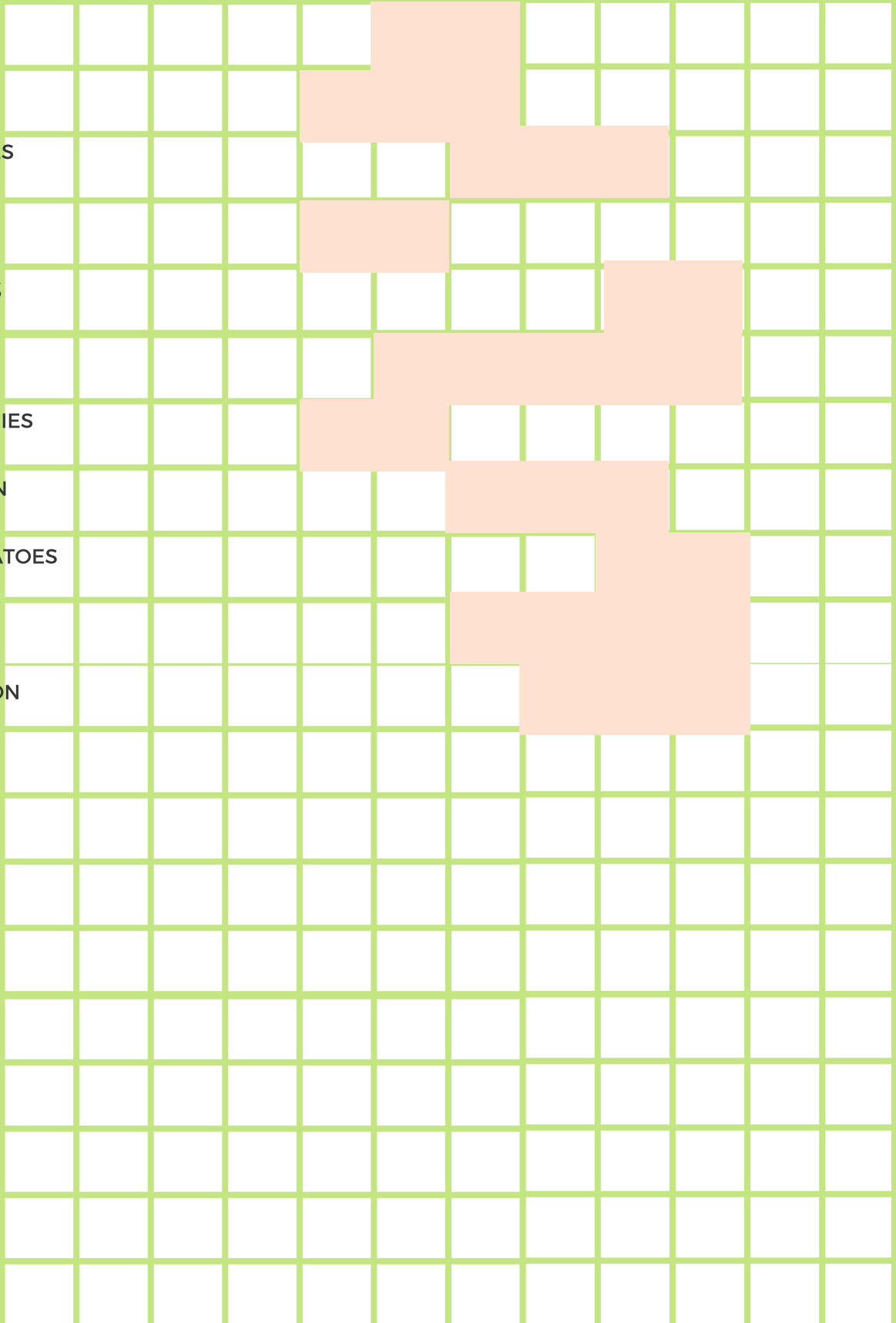
STRAWBERRIES

SWEET CORN

SWEET POTATOES

TOMATOES

WATERMELON



SOURCE: <https://www.farmflavor.com/arkansas/arkansas-local/what-is-season-arkansas-produce-calendar/>

# ARKANSAS

IN-SEASON PRODUCE