

CALIFORNIA

IN-SEASON PRODUCE

reference

	J	F	M	A	M	J	J	A	S	O	N	D
APPLES												
ASIAN PEARS												
ASPARAGUS												
BEETS												
BLACKBERRIES												
BLUEBERRIES												
BROCCOLI												
CABBAGE												
CANTALOUPE												
CUCUMBERS												
EGGPLANT												
GRAPES												
GREEN BEANS												
GREENS/SPINACH												
HERBS												
NECTARINES												
ONIONS												
PEACHES												
PEPPERS												
POTATOES												

SOURCE: <https://www.farmflavor.com/california/california-local/whats-growing-california-produce-calendar/>

J F M A M J J A S O N D

reference

PUMPKINS

RASPBERRIES

SQUASH

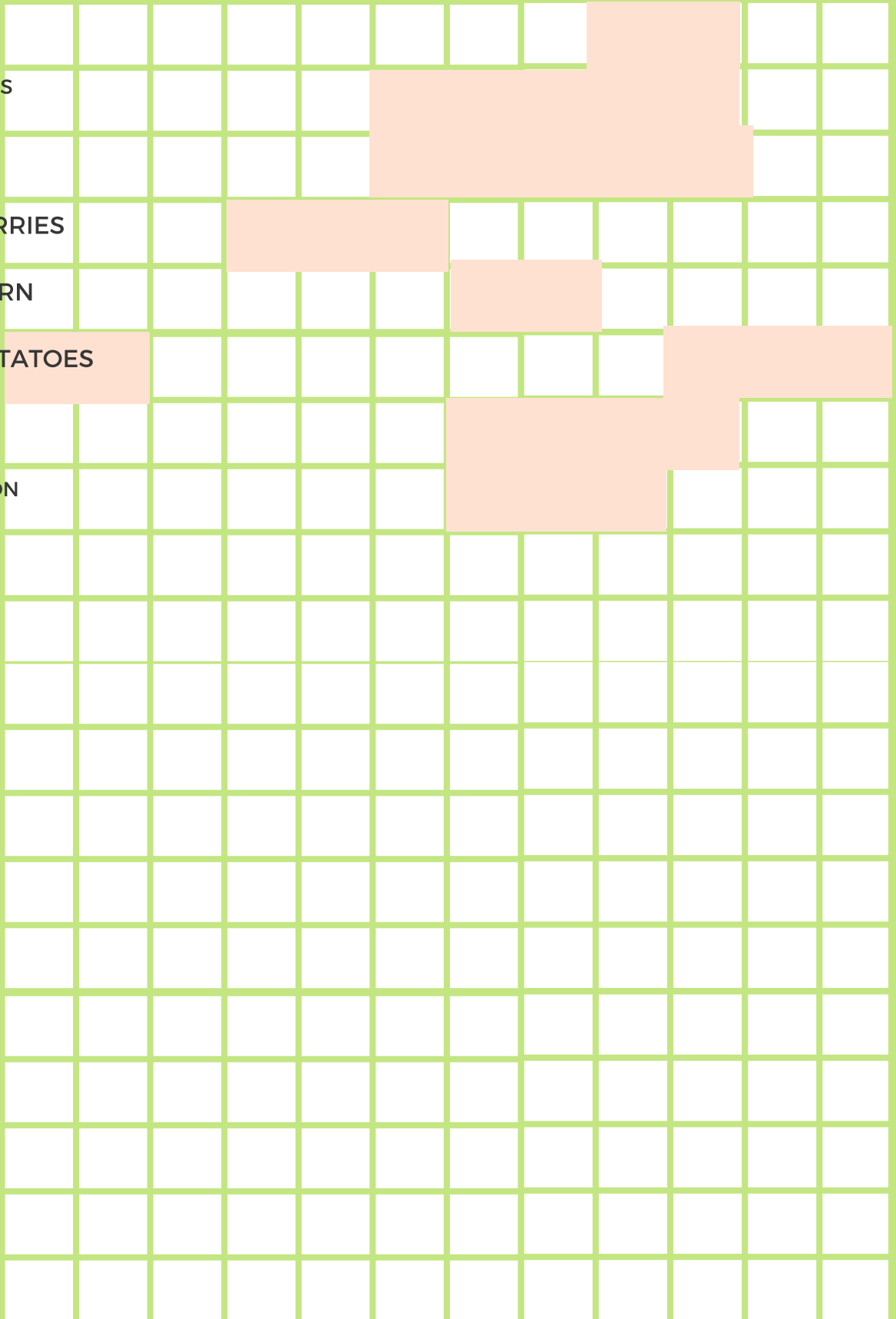
STRAWBERRIES

SWEET CORN

SWEET POTATOES

TOMATOES

WATERMELON



CALIFORNIA

IN-SEASON PRODUCE

gardenstrong.com

SOURCE:
<https://www.farmflavor.com/california/california-local/whats-growing-california-produce-calendar/>

COLORADO

IN-SEASON PRODUCE

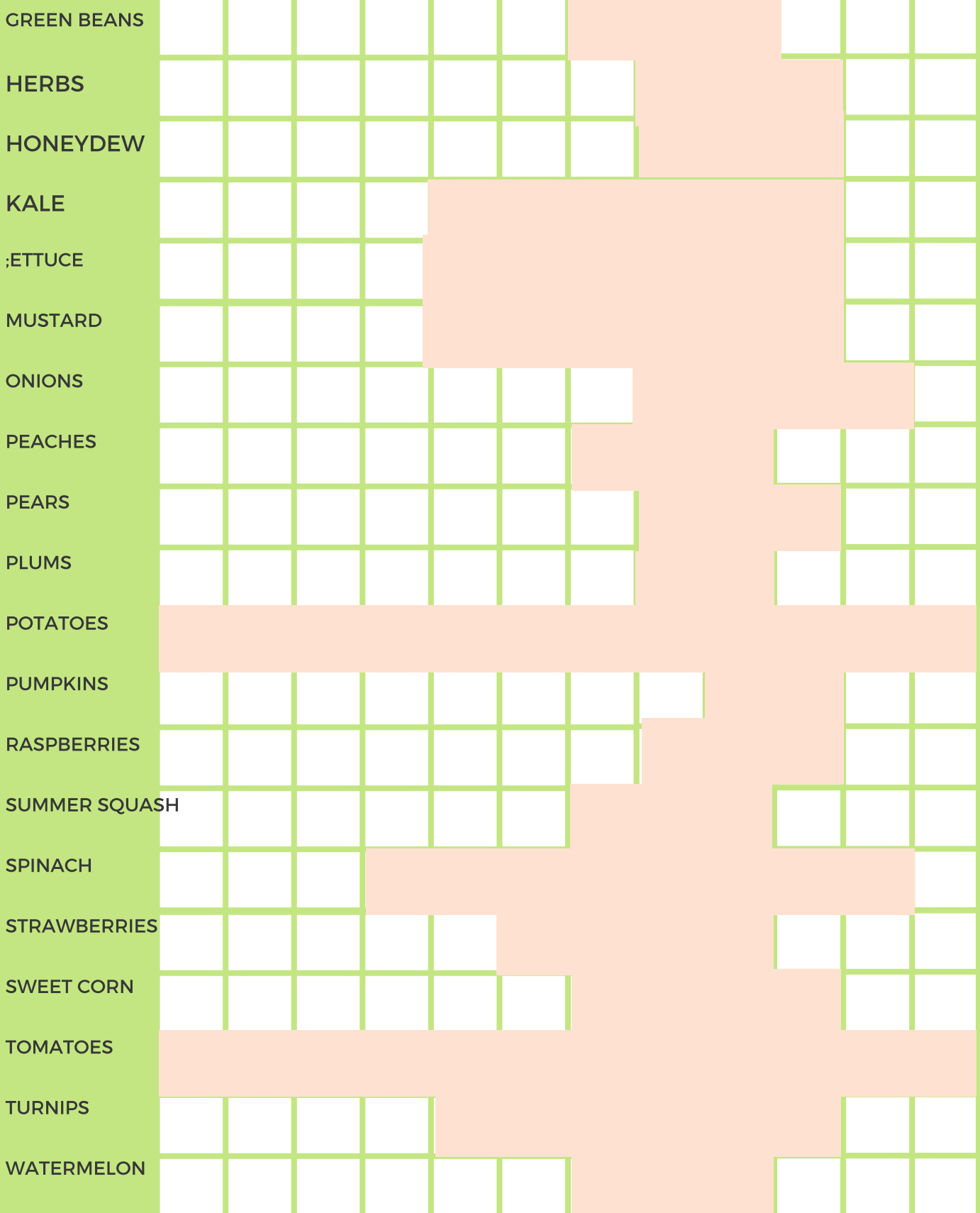
reference

	J	F	M	A	M	J	J	A	S	O	N	D
APPLES												
APROCOTS												
ARUGULA												
ASPARAGUS												
BEETS												
BELL PEPPERS												
BROCCOLI												
CABBAGE												
CAULIFLOWER												
CANTALOUPE												
CARROTS												
CELERY												
CHARD												
CHERRIES												
CHILE PEPPERS												
CHINESE CABBAGE												
COLLARDS												
CUCUMBERS												
EGGPLANT												
GRAPES												

SOURCE: <https://www.farmfresh.com/colorado-colorado-forecast/what-is-growing-colorado-produce-schedule/>

J F M A M J J A S O N D

reference



COLORADO

IN-SEASON PRODUCE

SOURCE: <https://www.farmflavor.com/colorado/colorado-local-what-to-grow-in-colorado-produce-calendar/>

J F M A M J J A S O N D

reference

WINTER SQUASH

WINTER SQUASH													
		J	F	M	A	M	J	J	A	S	O	N	D

COLORADO
IN-SEASON PRODUCE

SOURCE: <https://www.kemflavor.com/colorado/colorado-local/whats-growing-colorado-produce-calendar/>

CONNECTICUT

IN-SEASON PRODUCE

reference

J F M A M J J A S O N D

	J	F	M	A	M	J	J	A	S	O	N	D
APPLES												
ASPARAGUS												
BEANS												
BEETS												
BLACKBERRIES												
BLUEBERRIES												
BROCCOLI												
CABBAGE												
CAULIFLOWER												
CHERRIES												
COLLARDS												
CUCUMBERS												
EGGPLANT												
GRAPES												
LIMA BEANS												
OKRA												
ONIONS												
NECTARINES												
PEACHES												
PEARS												

SOURCE: <https://www.farmflavor.com/connecticut/whats-season-connecticut-produce-calendar/>

J F M A M J J A S O N D

reference

PEAS

PEPPERS

POTATOES

PUMPKINS

RASPBERRIES

RHUBARB

SNAP BEANS

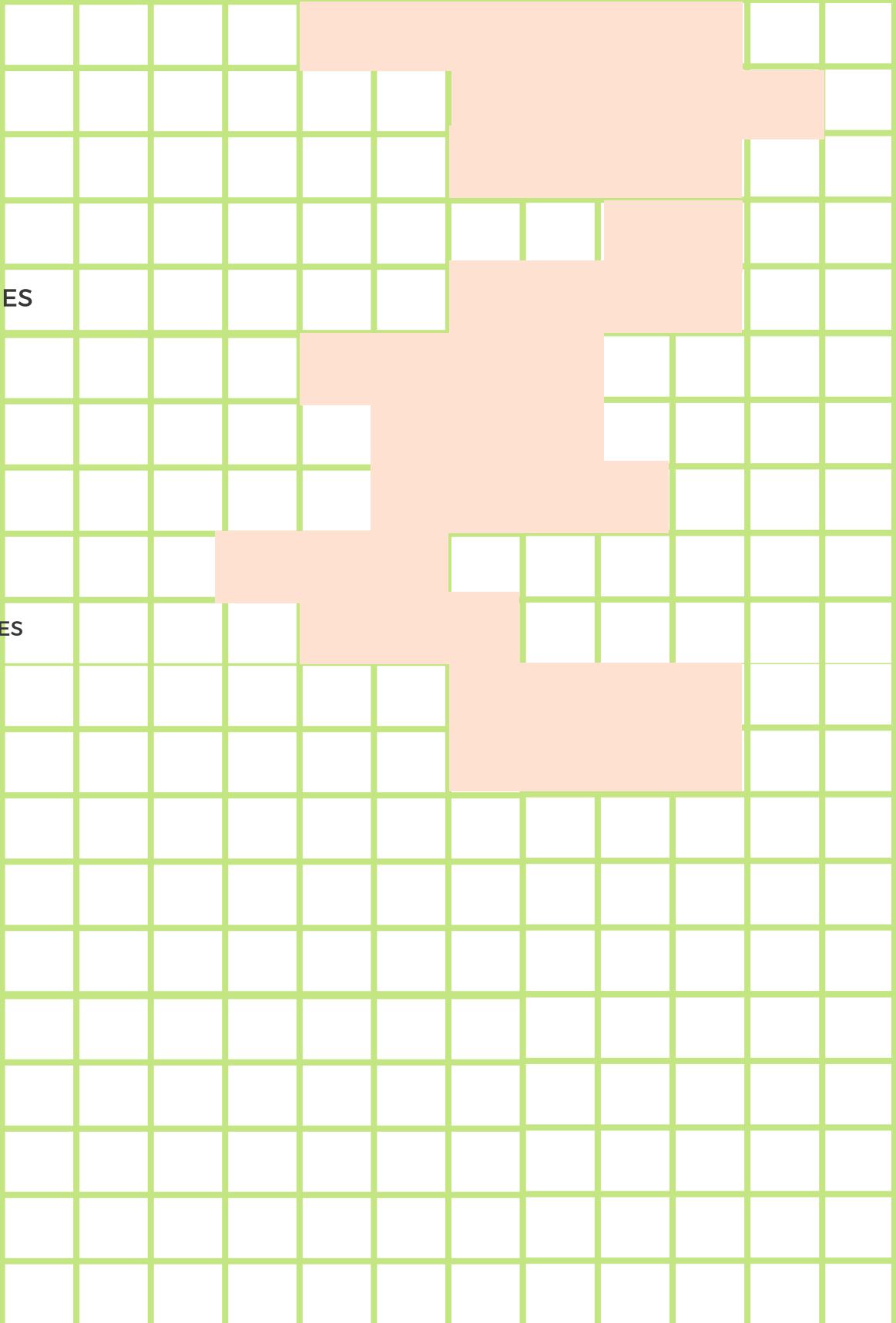
SQUASH

SPINACH

STRAWBERRIES

SWEET CORN

TOMATOES



CONNECTICUT

IN-SEASON PRODUCE

SOURCE:
<https://www.farmflavor.com/connecticut/whats-season-connecticut-produce-calendar/>

DELAWARE

IN-SEASON PRODUCE

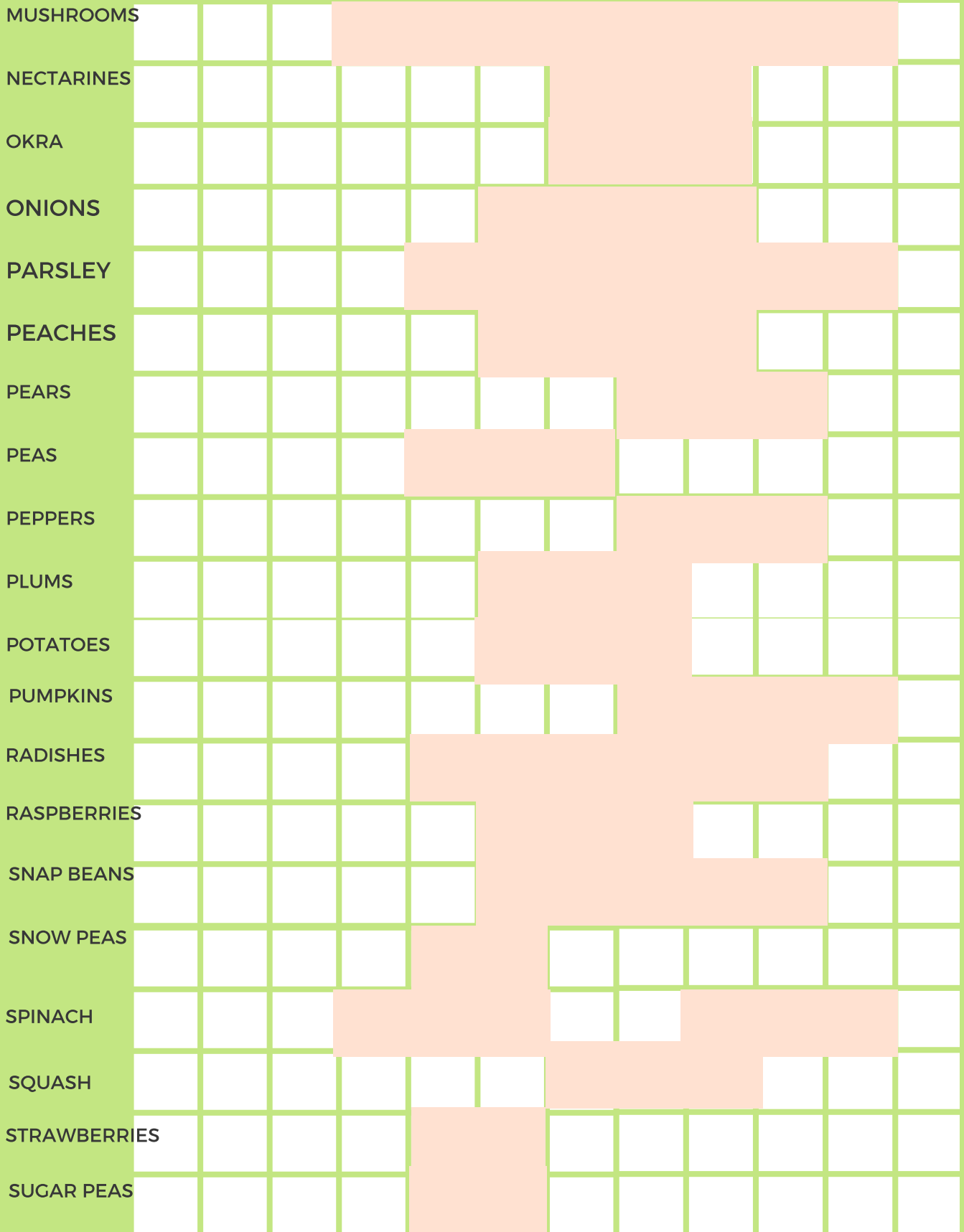
reference

	J	F	M	A	M	J	J	A	S	O	N	D
APPLES												
ASPARAGUS												
BLACK EYED PEAS												
BLUEBERRIES												
BROCCOLI												
BRUSSELS SPROUTS												
CABBAGE												
CANTALOUPE												
CARROTS												
CAULIFLOWER												
CELERY												
CHESTNUTS												
COLLARD GREENS												
CUCUMBERS												
EGGPLANT												
GREEN ONIONS												
HERBS												
KALE												
LEAF LETTUCE												
LIMA BEANS												

SOURCE: <https://www.farmflavor.com/delaware/delaware-local/see-what-season-delaware-produce-calendar/>

J F M A M J J A S O N D

reference



SOURCE: <https://www.farmflavor.com/delaware/delaware-local/see-whats-season-delaware-produce-calendar/>

DELAWARE

IN-SEASON PRODUCE

J F M A M J J A S O N D

reference

SWEET CHERRIES

SWEET CORN

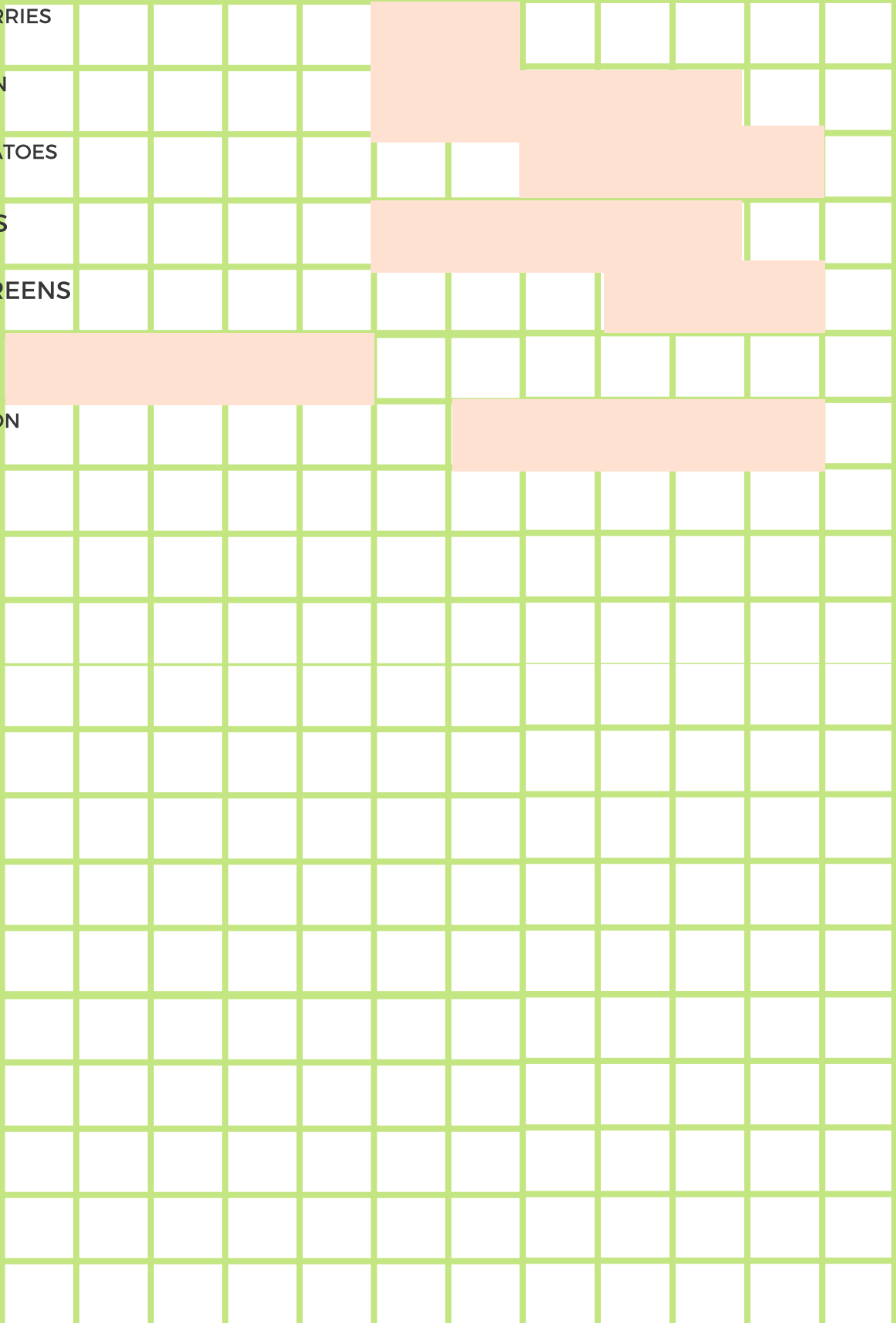
SWEET POTATOES

TOMATOES

TURNIP GREENS

TURNIPS

WATERMELON



SOURCE: <https://www.farmflavor.com/delaware/delaware-local/see-what-s-season-delaware-produce-calendar/>

DELAWARE

IN-SEASON PRODUCE